

I-1. What Is Of Interest?

Reality is consistent and coherent, and not contradictory.

Search for tangible behaviors is therefore about consilience of actions with thoughts and words. Use of shared knowledge requires transcendence between the probabilistic and deterministic realms of experience. Hallmark of a compassionate and educated mind is the ability to see individuals in the statistics to see the plights of many in the behaviors of few. It is not the transcendence of the physical, spiritual, and mystical.

An examined life is savored with contemplation. A critical requirement is patience with oneself. Beyond that the first step (#A1 in the next chapter) is to recognize and acknowledge the past contributions and accomplishments. Beyond this (#A2-23) in virtually all spheres of life concept manipulation is required. Contemplation for personal growth builds on significance of established relations to find meaning in the life-time of activities (experience). Reasoning is ability to ask generic questions rooted in tangible reality (Nay) of the matrix of the content and the context of the experience. An understanding is facilitated if the evaluation criteria are also rooted in reality. With such measures we develop skills to understand what *it is* and may become. As T. S. Elliot observed:

*And the end of all our exploring
Will be to arrive where we started;
And to know the place for the first time.*

Curiosity drives observer-observed interactions. Perception in accord with the conceptual basis is built on consistency with valid cognition. This approach encourages structures derived from the

elements of thought matrix of an individual. A more general search-matrix helps in exploring implications and alternatives (*vikalp*). In effect, perceptions, guided by empirical thought and reason, help in realizing the potential of real world experience.

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